



**Prevention
is better
than cure!**

Preventive Screening Guidelines

Mammogram:

Annually for women over 40. Consult your doctor if you are at an increased risk.

Colonoscopy:

50 years and older unless family history, then consult with your doctor.

Skin Exams:

Used to screen for skin cancer. Report any unusual moles or changes in your skin to your doctor. Also talk to your doctor if you are at increased risk of skin cancer.

Cervical Cancer Screening:

Pap test (also called a Pap smear) every 3 years for women 21 to 65.

Human Papillomavirus (HPV) DNA test with the combination of a Pap smear every 5 years for women 30 to 65 who don't want a Pap smear every 3 years.

Lung Cancer Screening:

For adults 55-80 at high risk for lung cancer because they're heavy smokers or have quit in the past 15 years.

For more information or to schedule a screening or exam, contact the Employer Solutions call center at: (812) 254-WORK (9675) or employers@dchosp.org.



Daviness Community Hospital
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