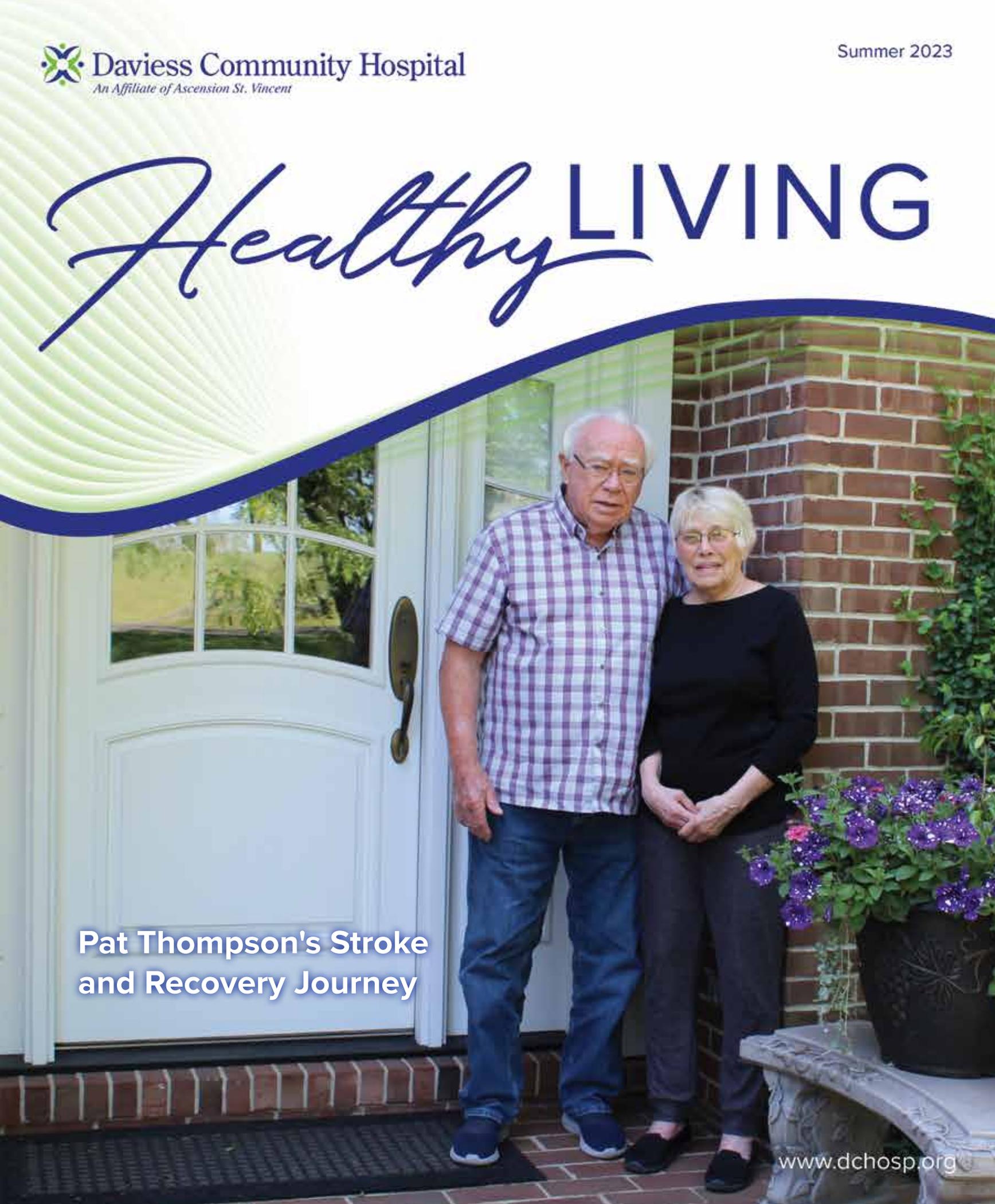


Healthy **LIVING**



**Pat Thompson's Stroke
and Recovery Journey**

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30th Annual **GOLF** benefit

**Thursday,
August 10, 2023**
Country Oaks Golf Club | Montgomery, IN

**11:00 am (EST)
Check-in | Lunch**

**12:00 pm (EST)
Shotgun start**

**Awards Reception with hors d' oeuvres
immediately following play.**



Scan code with your phone for more details, register a team or secure your sponsorship.

 **Daviness Community Hospital**
Foundation

dchosp.org/foundation

PAT THOMPSON'S STROKE AND RECOVERY JOURNEY

Pat Thompson is no stranger to Daviess Community Hospital. Not only was she born here, but she has fond memories of when her father, Dr. Harry Shields, practiced medicine at DCH from 1941 until he passed away in 1957. Later, Pat served on the Board of Governors for the hospital and was involved in the major expansion of the hospital in 2002. Pat's most recent experience at DCH may be the most memorable one so far.

"On February 24th, I woke up around 3:30am and knew immediately that something was wrong," Pat recalled. "I yelled for my husband, Chet, to help me. When he realized that I wasn't just having a bad dream and needed help, he called 911." The DCH EMS team arrived soon after the call and transported Pat to Daviess Community Hospital. Several tests were run and the results showed that she had suffered a pontine stroke.

A pontine stroke refers to a stroke within the pons, the largest component of the brain stem. Pontine strokes can be classified as either ischemic or hemorrhagic. An ischemic stroke occurs when an artery in the brain becomes blocked by a blood clot, while a hemorrhagic stroke occurs when an artery in the brain bursts. Upon receiving a diagnosis, Pat was admitted to the Med/Surg floor for continued observation as she began her recovery.

After a few days on Med/Surg, Pat was moved to the Acute Rehab Unit at DCH where she spent three hours each day in therapy. "Rehab is hard work, but it is the only way to get back the strength and mobility I had before the stroke," Pat explained. The Thompsons were both impressed by the care Pat received. Chet said, "It's no secret that there are some very talented and caring people at the Acute Rehab Unit."

Chet knows first-hand about the excellent care provided at DCH. "In June of 2022, I broke my hip and spent some time on the Acute Rehab floor for my own recovery. I received the same great care from the team as Pat did this past February."



Pat Thompson with Christina Van-Hoose, OTR.

Chet spent time every day at the hospital with Pat as she continued to recover from the stroke. Because Pat was unable to speak and did not have use of her right hand, he was by her side to answer questions, help her with meals and to help her maneuver through the day.

After she was discharged from the hospital, Pat began weekly therapy sessions at the DCH CORE Center in Washington. "I have been very impressed with the therapists both at the hospital and at CORE," Pat said. "They give me support and encouragement so that I am motivated to continue my exercises at home between sessions. If I were to come back in another life, I would want to be a physical therapist!"

Pat has been very physically active her whole life through exercise and living a healthy lifestyle. Before her stroke, she had been getting up at 5:30am to work out at the local YMCA 5 days per week.

"All employees who were part of my stay at DCH were very kind," Pat said. "The EMS crew, Emergency Department, Med/Surg, Acute Rehab, and the CORE Center therapists have all been wonderful."

Chet remarked, "The Emergency Department sometimes get a bad rap, but the doctor and staff did an outstanding job with Pat when she was brought in. Having a hospital in Daviess County means that people can get the care they need without having to travel."

COVER PHOTO

Pictured are Chet and Pat Thompson.



The Daviess Community Hospital Auxiliary recently donated \$10,000.00 to the hospital to be used toward the cost of the new Magnetic Resonance Imaging (MRI) equipment which will be installed later this summer.

Pictured are Auxiliary Board members Donna Keller, Pat Brochin, Bill Harder, Margaret Colbert and DCH Service Excellence Director - Angie Steiner.



The Daviess Community Hospital Foundation has donated \$11,000 for the purchase of a Triton DTS Traction unit at the DCH CORE Center. Dave Graber, Director of Rehab Therapies at the DCH CORE Center, explained to the Foundation Board that this equipment is used to treat patients suffering chronic back pain or recovering from back, neck or spinal injuries. DTS is effective at treating muscle spasms, bulging discs, herniated discs, pinched nerves, sciatica, radiating arm pain, headaches, and facet syndrome.

The current traction unit is fifteen years old. It will be moved to our satellite clinic space at Parkview Village Christian Care in Odon. Having two tables will increase our patient access to this type of treatment and allow the Odon location to expand its service offerings.

Pictured are DCH Foundation Board members: Ericka Frances, Shelly Shake, Gina Wagler, Mindy Henrichsen, Alicia Fields DNP, Marilyn McCullough, Jordan Sherman, Lisa Walker, Alan Goodwin, and Dave Graber – Director of Rehab Therapies at the CORE Center.

DCH FOUNDATION HOSTS 8TH ANNUAL “KENTUCKY DERBY FUNDRAISER”

It was a beautiful, warm day in Southern Indiana on May 6th as the Daviess Community Hospital Foundation hosted their 8th Annual “Kentucky Derby Fundraiser”. Organizers shared that 136 people were registered for the event with the purpose of raising money to support the Med Surg/ICU & Emergency Department renovations at DCH.

“This was our third consecutive year using the Ed Lee North Chapel in Washington as our venue,” stated Angie Steiner, DCH Foundation Director. “It is a perfect location with ample space to mingle, dine and dance. Our sincere thanks to Andy Arvin for donating this beautiful space to us for the event”.

Steiner also noted that there were many activities to keep the guests occupied including bourbon tasting, wine tasting, chances for a lady’s ring, and viewing of the online auction items up for bid this year.

Women were encouraged to wear hats or fascinators similar to those worn at the Kentucky Derby race at Churchill Downs. Men were also encouraged to wear a hat or tie that reflected the theme. Prizes were awarded for best Ladies Derby hat best Men’s Derby tie and/or hat. Winners were Rochell Bechtel for best hat/fascinator and Dr. Darrell Deem for best tie/ensemble.

Event guests were seated at reserved tables where they watched the 149th running of the Kentucky Derby on live television. Foundation Director Angie Steiner welcomed guests and introduced Foundation Board President, Marilyn McCullough, who offered a prayer before the dinner.

Following the meal, Tracy Conroy, CEO, shared information about the much-needed expansion/renovation of the hospital’s Med Surg and Intensive Care Units. Mrs. Conroy emphasized the importance of community involvement and expressed her appreciation for the support of all in attendance.

Guest speaker Angie Shake shared the details of her experience with the DCH EMS team and the Emergency Department. Dr. Otto Susec of the DCH Emergency Department helped Mrs.



Committee Members (left to right): Ericka Frances, Alicia Fields – DNP, Lynn Goodwin, Julie Stephens, Shelly Shake, and Angie Steiner

Shake with some of the details surrounding her traumatic experience and the life-saving measures that were performed by the DCH team.

The DCH Foundation has been very supportive of numerous hospital projects over the past several years and has raised over \$1 million for projects such as 3D Mammography, The Lohano Center for Advanced Medicine, Perinatal Navigator program, Health Career Scholarships, the Bedford Road Beautification project and much more. The Med Surg/ICU and Emergency Department Renovation campaign is, by far, the most ambitious project for the Foundation as they hope to raise \$1 million in the next 18 months to help offset the cost to the hospital.

“The Daviess Community Hospital Foundation has made a commitment to help provide support to the hospital renovation,” stated Steiner. “I am thrilled to share that the funds raised this year through our Kentucky Derby Fundraiser total more than \$28,000.00. Donations are still being accepted as we know that the need is greater than what has been raised thus far.”

The DCH Foundation wishes to recognize Home Building Savings Bank, Taft Law, Old National Bank, and German American Bank who were sponsors of the event this year.

Next year’s event will again be held on the first Saturday in May to coincide with the Kentucky Derby. For more information on the DCH Foundation efforts, please contact Angie Steiner at 812-254-8858 or asteiner@dchosp.org.

DCH FOUNDATION ANNOUNCES 2023 HEALTH CAREERS SCHOLARSHIP RECIPIENTS

Daviess Community Hospital Foundation has announced the recipients of the Annual Health Careers Scholarships. Ten area students were recognized for their academic accomplishments and awarded scholarships totaling \$11,250.00 from the Health Careers Scholarship Fund. One student received a \$1,000.00 scholarship from the DCH Auxiliary. The Daviess Community Hospital Foundation also awarded one nursing student \$500.00 from the Helen Arthur Memorial Scholarship for Nursing.

Since the beginning of the scholarship program, 198 recipients have received \$218,350 in Health Career Scholarship awards from the DCH Foundation. Students from Daviess, Martin, and Pike Counties as well as employees and dependents of Daviess Community Hospital attending accredited educational institutions pursuing health care fields of study are eligible to apply.

Committee members Alicia Fields, DNP; Gina Wagler, Donna Keller, Jordan Sherman, and Marilyn McCullough were pleased with the caliber of applications this year. "There were so many great applications this year," said Alicia Fields, Committee Chairperson. "We are grateful to be able to give out these scholarships to such deserving students."

Since the beginning of the scholarship program **198 RECIPIENTS** 
HAVE RECEIVED \$218,350 IN HEALTH CAREER SCHOLARSHIP AWARDS
from the Daviess Community Hospital Foundation

MADISON BRUNSON has been awarded a \$1,000 scholarship courtesy of the Daviess Community Hospital Auxiliary. Madison is the daughter of Dennis and Melody Brunson. She is a member of the 2023 graduating class at Barr Reeve High School. Madison plans to pursue a degree in Nursing at Indiana University.

Ten students were first-year recipients of the Health Careers Scholarship awards from the DCH Foundation:

PEYTON LENGACHER has been awarded a \$1,500 scholarship from the Daviess Community Hospital Foundation. Peyton is the daughter of Mark and Angela Lengacher. She is a member of the 2017 graduating class at Barr Reeve High School. Peyton continues to pursue a Physician Assistant degree at Butler University.

LEAH ELLERMANN has been awarded a \$1,500 scholarship from the Daviess Community Hospital Foundation. Leah is the daughter of Cody and Erica Ellermann. She is a member of the 2022 graduating class at South Knox High School. Leah continues to pursue a degree in Applied Medicine/Pre Physician Assistant from Indiana State University.

HALEY OSMON has been awarded a \$1,500 scholarship from the Daviess Community Hospital Foundation. Haley is the daughter of Lori Osmon. She is a member of the 2021 graduating class at Washington Community High School. Haley continues to pursue a degree in Athletic Training at Indiana State University.

MADISON HARRIS-GIST has been awarded a \$1,500 scholarship from the Daviess Community Hospital Foundation. Madison is the daughter of Casey Harris and Chad Burgan. She is a member of the 2021 graduating class at Barr-Reeve High School. Madison is currently pursuing a degree in Nursing at the University of Southern Indiana.

CHELSIE SUTTON has been awarded a \$1,500 scholarship from the Daviess Community Hospital Foundation. Chelsie is the daughter of Mark and Andrea Sutton. She is a member of the 2020 graduating class at Loogootee High School. Chelsie continues to pursue a degree in Radiologic and Imaging Sciences at the University of Southern Indiana.

ALLYSON GROSS has been awarded a \$750 scholarship from the Daviess Community Hospital Foundation. Ally is the daughter of Aaron and Jamie Gross. She is a member of the 2023 graduating class at Washington Community High School. Ally plans to pursue a degree in Nursing at the University of Southern Indiana.

SYDNEY SWARTZENTRUBER has been awarded a \$750 scholarship from the Daviess Community Hospital Foundation. Sydney is the daughter of Tim and Krista Swartzentruber. She is a member of the 2023 graduating class at Barr-Reeve High School. Sydney plans to pursue a Nursing degree at the University of Southern Indiana.

KENZLYE JEFFERS has been awarded a \$750 scholarship from the Daviess Community Hospital Foundation. Kenzlye is the daughter of Cami Jeffers. She is a member of the 2023 graduating class at North Daviess High School. Kenzlye plans to pursue a degree in nursing at the Vincennes University.

ADRIENNE WAGLER has been awarded a \$750 scholarship from the Daviess Community Hospital Foundation. Adrienne is the daughter of Michael and Janice Wagler. She is a member of the 2023 graduating class at Barr-Reeve High School. Allison plans to pursue a degree in Nursing at Vincennes University.

REAGAN MURRAY has been awarded a \$750 scholarship from the Daviess Community Hospital Foundation. Reagan is the daughter of Phillip and Amy Murray. She is a member of the 2023 graduating class at Barr Reeve High School. Reagan plans to pursue a degree in Communication Disorders and Speech Pathology at the Indiana State University.

The following student is a second-year recipient:

ABBIE MATTINGLY has been awarded a \$500 Helen Arthur Memorial Scholarship from the Daviess Community Hospital Foundation. Abbie is the daughter of Bonita and Alan Mattingly. She is a member of the 2022 graduating class at Washington Community Schools. Abbie is pursuing a degree in Nursing at the University of Southern Indiana.

The Helen Arthur Memorial Scholarship Award honors Helen Arthur, a local resident who was unable to fulfill her desire to become a nurse after contracting tuberculosis. The scholarship recognizes the women of Omega Alpha Chi, a local homemakers group, who in 1954 established and named a Helen Arthur Memorial Educational Loan Fund for students pursuing medical careers. In 2006, the group gifted the balance of the fund to the DCH Foundation to support the scholarship program. Miss Arthur's family continues to support this scholarship.

To learn more about the Daviess Community Hospital Foundation Scholarship program, please contact Angie Steiner at 812-254-8858 or email asteiner@dchosp.org.



DCH Radiology recently received ACR Accreditation for our CT Lung Screening program. The American College of Radiology (ACR) gold seal of accreditation represents the highest level of image quality and patient safety. It is awarded only to facilities meeting ACR practice parameters and technical standards after a peer review evaluation by board-certified physicians and medical physicists who are experts in the field. Image quality, personnel qualifications, adequacy of facility equipment, quality control procedures and quality assurance programs are assessed.

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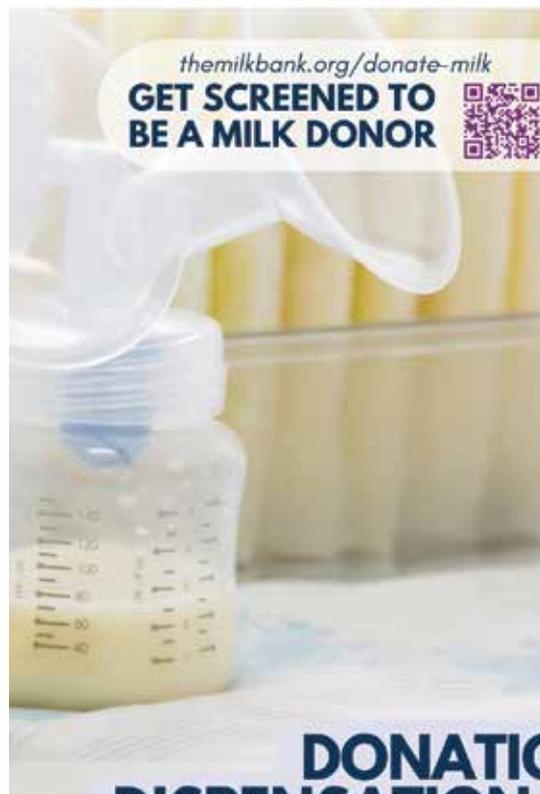


DCH IS NOW A MILK DEPOT AND MILK EXPRESS SITE

Daviness Community Hospital is proud to be a Milk Depot/ Milk Express Site in partnership with The Milk Bank, making milk donation convenient and increasing access to pasteurized milk for families.

To become a milk donor, call 1-877-829-7470, email engagement@themilkbank.org or go to www.themilkbank.org. You will be asked to fill out a donor application and medical history form. Consent forms from your physician as well as your baby's physician will then need to be signed. Lastly, you will be asked to complete a blood test at the Milk Bank's expense.

For more information please call our Lactation office at 812-254-2760 ext. 1344.



DONATION & NEW DISPENSATION SITE NOW OPEN



Daviness Community Hospital
1314 E Walnut Street Washington, IN 47501

(812) 254-2760 ext 1344
Donation & pick-up by appointment only

There is a processing fee for Pasteurized Donor Milk. If your baby has a medical need (prematurity or failure to thrive, for example), call The Milk Bank at 317-536-1670 for information on their Medical Relief Fund.