

Have questions? Need help? You're not alone.



Case Management:

One-on-One Support through a Perinatal Case Manager and support staff.

Access:

Community resource connections through outreach efforts, early access to enhance perinatal care & positive birth outcomes.

Referrals:

Tobacco cessation, behavioral health, nutrition, lactation, consulting, financial & social services support, insurance navigation, stress management & more.

Education:

Family planning, perinatal & parenting classes, fatherhood engagement, safe sleep, healthy pregnancy & more.

**We're here for you. Connect with a Perinatal Case Manager today.
Call (812) 254-2760 ext. 1333 or Text (812) 698-6042**



How can we help you?

Name: _____ Date: _____

Address: _____ Zip Code: _____

Phone: _____ Email: _____

Tell us about YOU

Are you: Pregnant Planning a pregnancy Recently delivered a baby

Weeks Pregnant: _____

I would like help with: _____

How did you hear about us: _____

Please return this card to our Support Team:
1314 East Walnut Street, Washington, IN 47501
Call (812) 254-2760 ext. 1333 or Text: (812) 698-6042
Fax (812) 254-8822